

## "It's a New Year" Goals Worksheet

My Goal Is To: \_\_\_\_\_

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My Goal Deadline Is: \_\_\_\_\_

This Goal Is Important To Me Because: \_\_\_\_\_

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The Smallest Step I Can Take Now Is: \_\_\_\_\_

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The Next Steps I Need to Take Are: \_\_\_\_\_

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My Cheerleaders Are: \_\_\_\_\_

My Personal Motivation Is: \_\_\_\_\_

When I Reach My Goal, I Will Celebrate By: \_\_\_\_\_

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